

WCPSC Code of Conduct for Parents

- Complete and return the Membership Details and Medical Information Form as requested by the club and detail any health conditions / concerns relevant to your child on the consent form. Ensure that any changes to these details are reported to management personnel prior to attending Club activities.
- Ensure the club has up to date contact details for you and any alternative person. This should include relevant telephone and email contact details.
- Ensure you adhere to the 'rules for pools' document at all times, which is available from the Club website or management personnel.
- Deliver and collect your child punctually to and from coaching sessions, club activities and competitions. Please inform a member of the coaching staff if there are any unavoidable problems.
- Please do not remove your child from training/competitions without first discussing with the coach in attendance.
- Ensure that you or another adult nominated by you are there on time at the end of the session to pick up your child.
- Coaches can often go straight on to other commitments and cannot be responsible for your child once they leave poolside.
- Please check a coach is in attendance and your child has reached poolside before leaving them for training, and that you are back in plenty of time before the end of a session to take responsibility for them when they leave poolside. The coach is only responsible for the swimmer(s) whilst they are poolside.
- Parents / guardians of all children under 8yrs old must stay on the premises at all times during the session.
- Do not enter poolside unless requested to do so or in an emergency (or in unavoidable circumstances when at ATR and Kings' School Pool). If you wish to have a discussion with the teacher/coach, do so at an appropriate time that doesn't interrupt their work (i.e. at the end of a session).
- Ensure your child is on the poolside on time for training with the correct kit.
- If the club/coach changes your swimmer's lane and/or training schedule, please remember the change will be in the best interest to your child and to provide appropriate levels of training and enable your child to progress and should be facilitated and encouraged at all times.
- Inform the Coach before training of any illness / injury your child may have.
- Do not interrupt the Coach while coaching unless asked to do so or in an emergency.
- If you wish to speak to the coach about your child, please speak to them at the start of a session to arrange a suitable time.
- In your dealings with your child's Coach, treat the Coach with respect.
- Focus on your child's efforts rather than winning or losing.
- Be realistic about your child's ability; do not push them beyond that which they are capable of achieving.
- Show appreciation of good swimming by all swimmers from all clubs.
- Respect decisions made by coaches and officials and encourage swimmers to do the same.
- Keep payments of Club, ASA registration training fees, entry fees and all invoices up to date.
- Encourage your child to respect their fellow swimmers, coaches, teachers, staff and volunteers, obey Club and pool rules, and teach them that they can only do their best.
- Behave responsibly as a spectator at training and competitions and treat swimmers, coaches, staff members, volunteers, and parents of yours Club with due respect, meeting the ASA commitment to equality.
- Ensure you do not use inappropriate language within the club environment.
- Support all Club staff, management and board of trustees, and volunteers at all times, raising any concerns you have in an appropriate manner. Details of the club Welfare Officer can be found on the Club website.
- Bullying of any type (emotional, physical, racist, sexual, homophobic and verbal) will not be tolerated. This includes written, telephonic and electronic communications and the use of social media such as Facebook, Twitter or other.
- Most of all help your child enjoy the sport and achieve to the best of their ability.
- If unsure about any aspect of your child's swimming career consult the club coaches at an appropriate time and in an appropriate manner.

The Club is affiliated to the ASA and therefore complies with the ASA Wavepower Safeguarding Policies and Procedures.

WCPSC Code of Conduct for Swimmers

Swimmers are expected:

- To treat all members, fellow Swimmers, Teachers, Helpers, Coaches, Volunteers and Officials of the club with due respect.
- To treat all competitors and representatives from competing clubs with respect.
- Not to use inappropriate or abusive language, bullying, harassment, discrimination or physical violence will not be tolerated and could result in action being taken through the club disciplinary or child welfare policy.
- Not to say or do anything that will bring WCPSC into disrepute.
- Abide by the rules for pools at all times
- Arrive for training and competition on time, prepared and with the correct kit as requested by the Coach.
- Do not enter the water until the coach has instructed you to do so.
- Inform the Coach before the start of training if you have any illness / injury which may affect your training.
- Look at and listen to the Coach when they are speaking and follow the instructions given in training and at competition.
- Behave appropriately in the water.
- Do not sit or pull on lane ropes or disrupt other swimmers during training.
- Respect fellow swimmers at all times.
- Bullying of any type (emotional, physical, racist, sexual, homophobic and verbal) will not be tolerated. This includes written, telephonic and electronic communications and the use of social media such as Facebook, Twitter or other.
- Behave sensibly in the changing rooms.
- Notify the team selectors / Coach as soon as possible if you cannot attend a gala for which you have been selected.
- Do and say nothing that will bring the Club into disrepute.
- Remember that you are an ambassador of the club and personal conduct must at all times be of a high standard and reflect favorably on the sport and the Club.
- Bad language in public or relevant group situations is not acceptable.
- Enjoy your swimming and be a good sport whether you win or lose.
- Performance enhancing drugs and substances are strictly forbidden.
- Swimmers are expected to be aware of the current list of banned substances and particular care must be exercised if anyone is on medication prior to or during a competition.
- Illegal drugs and substances: The use of these, even though they may not appear on the official banned list in respect of performance enhancing drugs, is nonetheless prohibited.
- Follow coaches guidance with regards to entering competitions. Swimmers should seek advice before every competition as to which competitions/events to enter in line with their training programme and goals.
- Before and at competitions listen to and follow coaches guidance to preparation, racing and recovery.
- Always compete with good sportsmanship.
- If swimming for your club at any competition stay with your team on poolside.
- At competitions be part of the team and a good team mate. Stay with the team on poolside and if you leave for any reason you must ask the Coach's permission and inform the Team Manager.
- You must wear club kit and club swim caps when representing the club (unless otherwise permitted by the coach).
- Be proud to wear your team kit.

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